

Crosby & Associates presents
Tough Stuff – An Emotional Intelligence (EQ) in the Workplace Workshop
November 14-17, 2011, in Negril, Jamaica!

Crosby & Associates is pleased to offer Continuing Education Units (CEUs) through the LIOS Graduate College of Saybrook University. Please inquire for more details!



Chris Crosby



Gil Crosby



Tough Stuff Workshops are intensive Applied Behavioral Science trainings which combine cutting edge knowledge about leadership and human behavior with powerful personal insights and skill building. Participants will increase their emotional intelligence, including how to effectively give and receive feedback, within a framework of individual, group, and organizational theory. The primary goal of the program is to help individuals from all organizational levels and walks of life acquire the strong set of interpersonal skills, solid theoretical perspective, and deep self-awareness necessary to lead and manage effectively, including:

- A core framework of individual, group, and organizational theories
- A more objective and scientific self-awareness, rooted in emotional intelligence
- How to learn more effectively from experiences on a lifelong basis
- Conflict resolution
- Coaching and developing others
- Change management and Systems Thinking
- Theories and methods that have been successfully applied since the 1950s and in more than 15 countries worldwide!

On a ten point scale the graduates of our March 2011 Negril workshop rated the session an 8.0 on “Application to Work” and 9.0 on “Application to Life.” Here is testimony from our Jamaican sessions:

- Excellent. The facilitator was very comfortable with the information & was able to keep us interested & excited about it for 4 days. Good interaction with the group.
- Crosby was great, very knowledgeable, excellent at training and conducting workshops.
- Content was very interesting, especially the info about the brain, anger management, and emotions. Great way of putting ourselves in touch with our real feelings.
- Excellent. Can see how this will be immediately applicable to work and to life. Would love to have this shared with my organization.

The 2011 Tough Stuff Workshop will be held Monday Nov 14 through Thursday Nov 17th.



The daily schedule is designed to maximize learning while experiencing Negril:

Monday 1 to 7
Tuesday 10 to 6
Wednesday 2 to 10
Thursday 10 to 5



March’s location, the Westender Inn (www.westenderinn.com), currently has the highest Customer Satisfaction Index (CSI 98.7%) Tripadvisor rating in Jamaica!

The workshop tuition is US \$1000 (\$1250 for 3 CEUs) (talk to us about our special rates!). Travel expense and air arrangements are each attendee’s responsibility.

Space is limited (6 to 20 participants) so contact Crosby & Associates at 302-983-1429, or gilmorecrosby@comcast.net, and sign up today!