

Crosby & Associates

High Impact One Day Workshop Series



Gill, Bob, and Chris Crosby

Crosby & Associates Workshops are intensive Applied Behavioral Science trainings which combine current thinking about leadership and human behavior with powerful personal insights and skill building. Crosby & Associates have delivered these and similar workshops in corporate and academic settings for the past twenty plus years. Participants will increase their self-awareness, including how to effectively give and receive feedback, within a framework of individual, group, and organizational theory. The foremost goal of the program is to help individuals (from all organizational levels and walks of life) acquire the strong set of interpersonal skills, clear theoretical perspective, and deep self-awareness necessary to lead and manage effectively.

"This is exactly what we need" – Captain, Law Enforcement Agency, after recent session

Participants learn practical skills they can use immediately at home and within their working environment:

- A core framework of individual, group, and organizational theories
- A more objective and scientific self-awareness, rooted in emotional intelligence
- Understanding how, on a life long basis, to learn more effectively from their experiences
- Conflict resolution
- Coaching and developing others
- Change management and Systems Thinking

Content, which can be customized and combined in a single session based on your organization's needs, includes:

Change Management

Communication Skills

Conflict Management

Coaching Skills for Supervision

Emotional Intelligence

Systems Thinking

Sample Agenda from a recent *Coaching Skills & Systems Thinking* Workshop:

1. Workshop Overview
2. Emotional Intelligence & Personal Authority in the Workplace
3. Johari Window
4. Reptilian Brain
5. Dialogue
6. Interpersonal Gap
7. Behavior Description
8. Jay Hall Conflict Management Survey
9. Awareness Wheel Afternoon
10. Skill group
11. Subordinate Assessment
12. Skill's Practice

Visit our website at www.crosbyod.com for more information, or contact us at:

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